



**St Nicholas**<sup>CE</sup>  
First School

learning and believing, growing and achieving

# Year 4 Transition Information Booklet 2020

This booklet is for the Year 4 children at St Nicholas CE First School and to help you understand a little more about what transition actually means.



# What is Transition?

Transition is the process of changing from one thing or place to another. You might have heard about transition in school, as you start to think about Middle School. Transition happens every year, as you move onto a new class, in a new room with new staff.

However, this year transition is a little different, as you not only changing classes or teachers, you are also changing schools. Moving from St Nicholas to your middle school is a big and grown-up transition.

Teachers in both schools do their best to prepare you for this step and support you through the change. You may have experienced friends or family members transition to middle school.

You might not know everything about your transition just yet but the teachers at St Nicholas and your middle schools are working hard to make sure that everything goes well for you.



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# Where do most of us go?

Most of our Year 4 children will go to either:



## Codsall Middle School



Where are these schools compared to St Nicholas?



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### Codsall Middle School





## How is being at Middle School a little different?

At St Nicholas, your teachers did lots of the organising for you, making sure you got to assemblies and lessons on time and ensuring you had the equipment you needed for the tasks they set.

At Middle School, you will be expected to take that little more responsibility and independence, but don't worry you will get lots of help to make sure that you get the hang of things quickly.

## How will I know where to go and when?

There will be bells in school that will let you know when you need to make your way to the next lesson. You might even be given a timetable that tells you where you need to be at each point of the day. For example, it might say...

Monday 9am - 10am Maths Room 7	Monday 10am - 10:15am Break	Monday 10:15am - 11:15am DT Room 12
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This is where you need to be really grown-up and take some extra responsibility for looking at your timetable. Don't worry if you can't find your way or if you're a little late to start with. Your new teachers know that you are finding your way around, and there are lots of lovely staff and children, that will help you.



## What do I need to take with me?

Each middle school is different so it is always best to check with them first. One thing we will always suggest you do is to try and get your bag ready the night before, so you don't have to rush the next morning and are less likely to forget something.

For most middle schools, you will probably need to take (remember to check with them first though):

Have your timetable or planner ready

Use your timetable/planner to:

- Get ready any books for the lessons you have that day
- Check you have completed any homework

Find a reading book that you might like to read during break or in lessons, when you are given time to

Check you have a pen, a spare pen, pencil, ruler, sharpener and rubber with you. A pencil case will help you keep them together so they don't get lost in your bag - Check that your middle school will let you take pencil cases

Check-in with your grown-ups about your lunch - Will you be having a packed lunch or school lunch?

Check whether you will need your PE Kit

Check that you have a water bottle to fill in the morning



Use this handy daily checklist:

## Things for Every Day

Planner/Timetable

Books that I will need for my lessons

Homework is completed

A reading book to read during the day

Pen, Pencil, Ruler, Sharpener, Rubber

A strong bag to carry everything in

Water Bottle ready to fill

Have I checked about my lunch?

## Things for Some Days

Do I need my PE Kit?



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# Travelling to Middle School

When you start middle school, you might get there in a different way to how you go to St Nicholas, and it may be further or closer to your home.

Before you start at your new middle school, you could do the journey a few times with family or friends who can help you if you get stuck. If you're not able to get out to do the journey yet, then you could look at a map and plan the best route from your house to your new school.

Use the space below to draw a map of your route or write down any details that you will need:



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## Having Lunch

Lunchtime at middle school might be different to St Nicholas. You will still be able to take a packed lunch with you if you prefer. There will be space in the dining hall to eat your lunch. In some schools you may be able to eat your lunch outdoors.

There is usually a canteen where you can buy hot or cold food for your lunch. The cost of lunch will vary depending on your options so you will need to make sure you have enough money to pay for them. Some middle schools now have a cashless system where you, your parents or the school will load money onto an account for you to pay for any food or drink from the canteen.

Canteens are not always open at break time, so you will need to take a snack with you if you want to have one.

Remember, taking and eating a healthy snack and plenty of water is important to keep your body healthy, active and hydrated each day.





# Meeting New People

Transition is all about meeting new people and it is an exciting time because you have the opportunity to make lots of new friends, who might even have similar interests to you. However, grown-ups know that this can be a little overwhelming, so it's important to have a few strategies to help you make and build friendships with new people.

You will most likely:

- Have a tutor group that you will probably see at least once a day. Your tutor will help you to get to know everyone in your form.
- Will be sitting and working with different people in different subjects. This gives you lots of opportunities to meet new people.
- Join a club or after school activity will help you to meet people that have the same interests as you.

What can you do when you meet someone new?



Smile



Ask questions about their interests



Listen to what they are saying to you

Always remember to be yourself.

Others will want to be friends with you for who you are 😊