



# @HOME TO DO LIST!

- Make up a **dance routine** to your favourite song
- Set up an **obstacle course** and see who can complete it the quickest
- **Collect old toilet rolls** and turn them into people – you could create a whole family
- **Choose a book** and read aloud together every day
- Turn your living room into a **cinema**, make **tickets** and have a **movie afternoon**
- **Sing** Out of the Ark Music **@ Home's song of the day**
- If you have a **garden**, do some **weeding**
- Take a **virtual tour of a museum** you've always wanted to visit
- **Bake** something yummy
- Learn the **capital cities of Europe**
- Do a **home workout** with **Joe Wicks**

- **Create a band** using household items and practice some rhythm
- Play **board games**
- What **nature** can you identify from your home? Birds, trees, flowers.
- **Write a letter** to a family member or friend you haven't seen for a while
- **Write a diary** of these extraordinary times
- **Make a collage** from old newspapers or magazines
- Have a **scavenger hunt** around the house
- Complete the **daily activities** from Out of the Ark Music @ Home
- **Write down 5 things** you are **grateful** for
- **Keep smiling!**

