



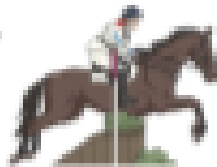
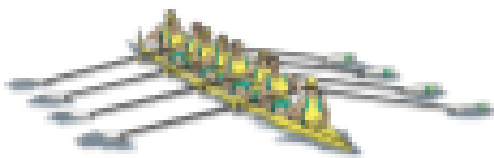
Sporting Heroes

Summer Learning Challenge

17.08.20



Our final Summer Learning Challenge! Who is your sporting hero?
We want to know all about them and your sporting interests. We haven't been able to have our traditional sporting summer this year but we would like you to be inspired to get active and hold your own Mini Sports Day/Mini sporting event.





English

- My Sports Hero – Draw a picture of your favourite sports hero/heroes. Ext - Draw a speech bubble and write a message from them to inspire others to take up their sport.
- Write about your hero/heroes – What do you admire about them? What makes them good at what they do? What personal qualities do they have that help them excel? What are their sporting achievements? What can you learn from them? What makes them a good role model? What are their values and attitudes?
- Write a magazine article about your favourite sporting hero.
- Write a poem about your favourite sport.
- Sporting Commentary – Pretend you are a sporting commentator - Watch a clip of your sporting hero and write a commentary to accompany the clip.
- – Consider -what you would say, what your reaction would be, what punctuation you would use.

Maths

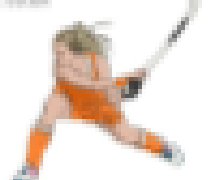
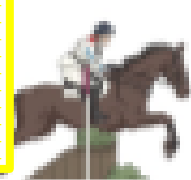
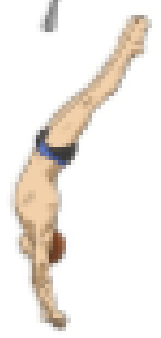
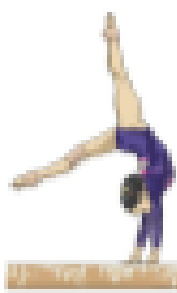
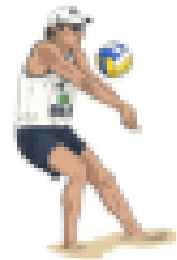
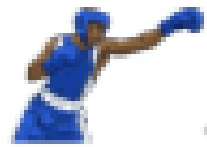
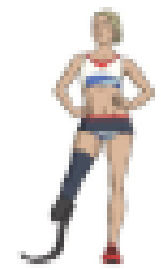
- KS1 Who can the winner be? Maths Problems <https://nrich.maths.org/8328>
- KS2 World Cup Maths Problems and Investigations - <https://thirdspacelearning.com/blog/world-cup-football-maths-ideas/>
- Mathematics World Cup - <http://www.math-exercises-for-kids.com/competition/math-world-cup.php?>
- Family Long Jump Competition – Record how far each person jumps. Who is 1st, 2nd, 3rd...
- Time how long it takes you to run a lap of the garden/local park/field.

Physical Education

- My Family Sports Day – Plan your own Sports Day; Design your own races; Create a timetable of events; Make some healthy snacks...
- The Time Challenge – How many can you do in a minute? E.g. star jumps, hops, balls you can throw in a hoop/bucket, leg raises, high knees...
- Invent your own sport – Devise a set of instructions, rules and list of equipment.
- Try a new sport or exercise activity. <https://www.bbc.co.uk/cbeebies/curations/the-lets-go-club-get-active>
- Choreograph a warm up and cool down routine for before and after your sporting activities.

ICT

- Safely use the internet to research your favourite sporting hero / sport.
- 2paint projects – Olympic Swimmers/Crowds at Wimbledon/Synchronised Swimmers/Athletics <https://www.purplemash.com/#tab/sport>
- How to be a sports day champion quiz - <https://www.bbc.co.uk/cbeebies/puzzles/sports-day-quiz>





Art/DT/Music

- Design and create your own trophy/medal.
- Design your own sports kit for your favourite sport.
- Design and create your own logo/mascot for a sport/sporting event e.g. The Olympics (summer or winter) / Tennis / Football / Cricket / Golf / Horse Riding / Karate / Dance...

PSHE

- Think about our school values **Trust, Care, Respect, Challenge (Perseverance)** and **Thankfulness**. Can you think of a time when these values have helped you or someone else in a sporting situation?
- Draw a picture of you doing the sports that you enjoy – Add words to your to describe how these activities make you feel.

Books

- Sports Day in the Jungle <https://www.youtube.com/watch?v=MOPn93Arutg>
- Peppa Pig's Sports Day <https://www.youtube.com/watch?v=K26eJb7Rz80>
- The Olympics https://www.youtube.com/watch?v=WBpISN_wiOM
- Salt in His Shoes – Michael Jordan in Pursuit of Happiness <https://www.youtube.com/watch?v=Obeh2qqOz88>

Please watch all links first to assess suitability.

Science

- KS1 - What do humans need to stay healthy - <https://www.bbc.co.uk/bitesize/topics/z9yyzcdm/articles/zxvkd2p>
- KS2- Why is a healthy lifestyle important? <https://www.bbc.co.uk/bitesize/topics/z9yyzcdm/articles/zxvkd2p>
- Healthy Eating – Create a food picture collage sorting healthy and unhealthy foods or foods into different food groups.
- Healthy Living – Create a poster to advise people on how to keep healthy. Consider – healthy eating, exercise, personal hygiene...
- Devise a healthy eating menu for a sporting hero.

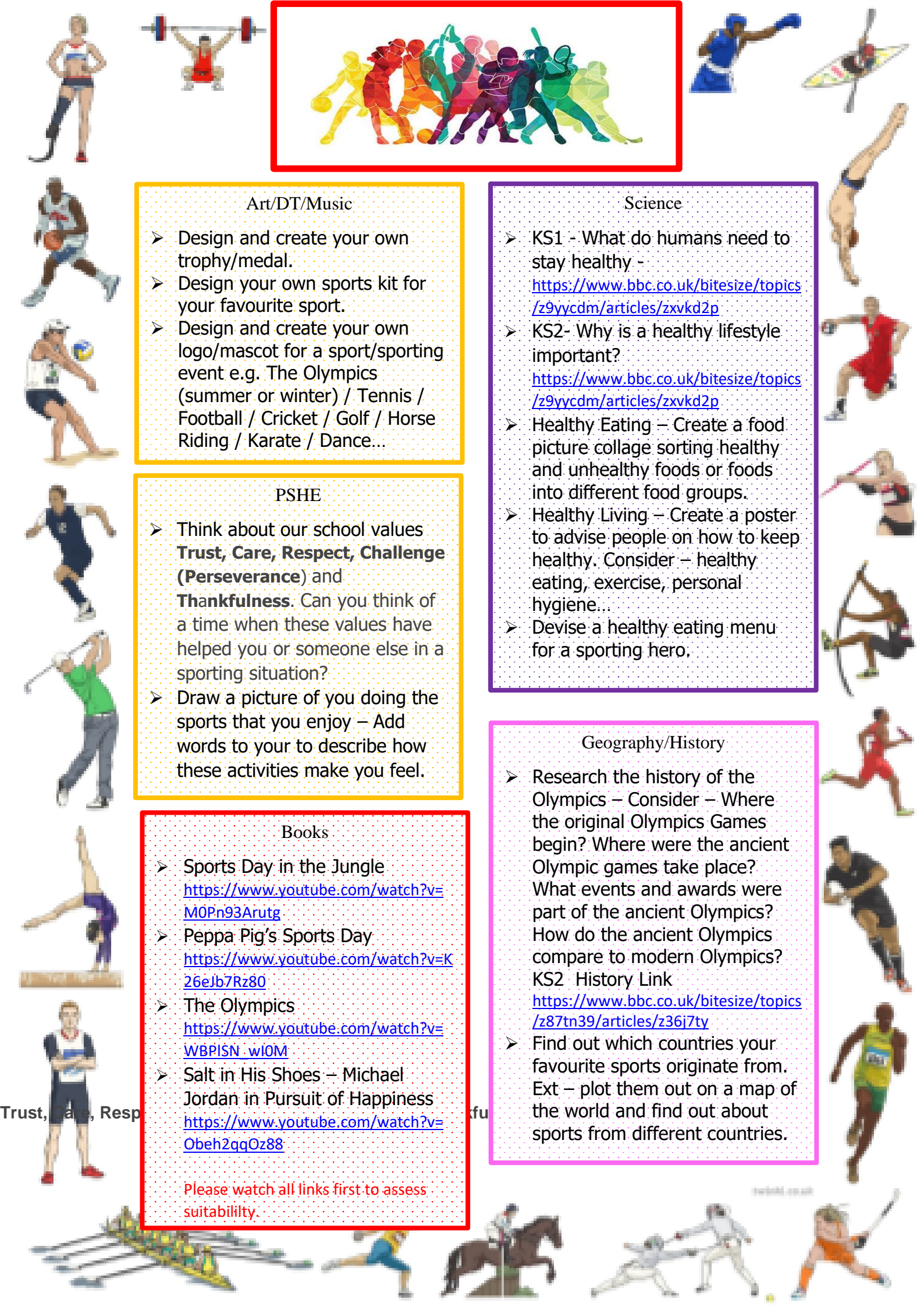
Geography/History

- Research the history of the Olympics – Consider – Where the original Olympics Games begin? Where were the ancient Olympic games take place? What events and awards were part of the ancient Olympics? How do the ancient Olympics compare to modern Olympics? KS2 History Link <https://www.bbc.co.uk/bitesize/topics/z87tn39/articles/z36j7ty>
- Find out which countries your favourite sports originate from. Ext – plot them out on a map of the world and find out about sports from different countries.

Trust, Care, Resp

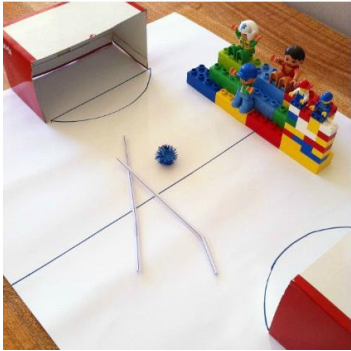
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Arts and Crafts



Recipes

Medal Star Cookies
<https://www.bbcgoodfood.com/recipes/medal-cookies>



Fruit Skewers
<https://www.bbcgoodfood.com/recipes/rainbow-fruit-skewers>



Easy Ice Lollies
<https://www.bbcgoodfood.com/howto/guide/five-easy-ice-lollies>



Rice Cakes



Hungry Caterpillar Sandwiches

