

JOURNEYS THROUGH NATURE

Nature walk diary



About this activity

In this activity, you will have the opportunity to explore, observe and document the natural world using all your senses, and then use your findings to write poems. You will go for a walk in a park, wood or open field and document your observations, by noting the sights, smells and sounds you encounter on your journey.

Time

1 hour

Kit list

- ✓ Nature walk evidence sheet
- ✓ Clipboard
- ✓ Pens
- ✓ A bag for leaves
- ✓ Camera (optional)

Instructions:

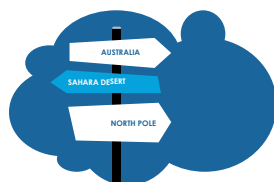
- 1 Plan your walk. You could use a map of a local park or forest to plot your route. What do you expect to see while you are there? What time of year is it?
- 2 Tip: take a camera to photograph species. Then you can identify the plants and animals when you get back to home or school.
- 3 Go on your walk. Record what you see, smell and hear. Collect a variety of leaves from the ground (but don't pick any off trees or plants).
- 4 Listen closely to the sounds you can hear. What birds or insects can you detect? Can you hear the wind moving through the trees? What does the ground sound like as you walk over it?
- 5 Make sure you check under rocks and logs to inspect micro-habitats beneath.
- 6 Once you're back at home or at school, use the words you have written down to write your own poem.
- 7 Use nouns and descriptive words and try to think about similes to describe your observations.

Next steps:

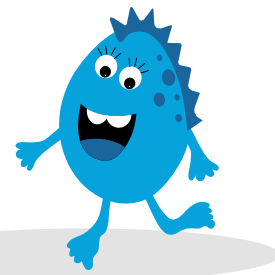
- ✓ Check out the poetry resources in Discovery Education Espresso for ideas and inspiration for how to turn your scientific observations into a beautiful list poem, haiku or other poem of your choice.
- ✓ Why not go on an imaginary journey? Imagine what your nature walk would have been like if you had completed it in another country – or on another continent!
- ✓ What would your walk have been like in a desert? Or at the North or South Pole?
- ✓ Create a new version of your poem in which you adapt the descriptions to match the weather and animals in another place.
- ✓ Resources to accompany your nature walk can be found on [Discovery Education Espresso](https://discoveryeducation.co.uk), find out more at discoveryeducation.co.uk
- ✓ This activity can be put towards a CREST SuperStar Award and there are plenty more online activities you could try for free. For more information, follow this link: crestawards.org/crest-superstar

Watch out!

- ✓ All living things, including plants, should be looked after carefully and not injured in any way. Make sure you leave everything as you find it and take all litter away with you.
- ✓ Adults should supervise activities outdoors.
- ✓ Wash hands after working outside.



Nature walk diary



Name

Date

The weather is:



Insects I saw:



Animals I saw:



Leaves I found:

