

Schools Virtual Competition

Ages: Years 3—Year 9



While the schools are closed, South Staffs School Games are running virtual sports competitions that children can enter and represent their school from home!

The competitions are designed to be really simple and require little equipment to take part. Closing dates for the competition is Thursday 30th April.

Competition week 1 and 2

Pentathlon : Activity 1

Pentathlon Challenge Shuttle Runs



Athlete marks out a Shuttle Run Area of 5m

Years 3- 6 completes 4 shuttles

(40m in total there and back is one shuttle)

Years 7- 9= completed 6 shuttles

(60m in total there and back is one shuttle)

To represent your school and enter this competition:

Use the Google Form <https://forms.gle/3Yevj7aWCEsrRTqz7>

CLOSING DATE IS Thursday 30th April

Include your child's first name, year group, school and their best score. Each day a Pentathlon Challenge will be released on Twitter @SS_staffsSGames and Facebook @Page: @SStaffsSGames

